FORMATION IN YOUR IDENTITY

Make a list with 2 columns on a sheet of paper or use the back of this page.

Follow the 3 steps below:

STEP 1:

- **List everything contributing to your false identity beginning with lies that you believe about yourself. Additionally,** refer to steps 2 & 3 to help identify lies in the Holy Mass for Healing Book (request a copy from Fr. Liam: MTKpastor@Gmail.com)
- **Make note of any Scripture verses that do not *feel* true to you** (see next page). This is a way of identifying lies that you have embraced that you are unaware of.
- **Remove legal rights:** afflicting spirits are entities that have taken up illegal residence in your soul and have a "right" to stay because you let them! Ask the Holy Spirit to reveal any legal right you have not addressed that is allowing a spirit of affliction to keep you in bondage - it could be a bridge to an old sin that is still intact, areas of darkness, area where you lack freedom. If you have given something a legal right you can also revoke it: tell it to get out!

STEP 2:

- **Counter each lie with a truth** from Sacred Scripture by listing the truth about who you are in the right-hand column.
- **Come into agreement with these truths** by speaking them over your life on a daily basis to renew your mind. What you believe in your heart becomes how you live and act. Let His word take up residence in your heart so that your motives and actions flow from this identity in Christ.
- A list of true identities is in the margin on the next page for your convenience, but this is by no means a definitive list - you have to develop a personal plan to read His Word to discover the rest!

☐ Example: "I am a fearful person"	☐ Example: I was not given a spirit of fear, but of
☐	☐ power, love, & a sound mind (2 Tim. 1:7)
☐ Write out your list on p.27 ---->	☐ Write out your list on p.27 ---->
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STEP 3:

Write out a specific plan to walk out your true identity in Christ... think of an action you can take on a daily basis that will reinforce your true identity & allow you to practice living from your true identity in Christ. Be specific and make adjustments as you go. This should be something simple like: declaring a truth from Scripture over yourself before you roll out of bed in the morning, intentionally loving another person with God's Heart at least once a day, spiritually forgiving someone who hurts you or tests your patience once each day, the list goes on. Write it out on reverse ---->

- **I am** God's son/daughter, I have His inheritance (Gal. 4:6-7)
- Jesus delivered me from the realm of darkness (Col. 1:13)
- **I am** a temple of His Spirit, God dwells in me (1 Cor. 3:16; 6:19)
- **I am** a citizen of heaven (Phil. 3:20)
- **I am** hidden with Christ in God (Col. 3:3)
- **I have** been purchased at a great price: I belong to God (1 Cor. 6:20)
- **I am** a child of God (John 1:12)
- **I am** no longer a slave to sin (Rom. 6:14)
- **I am** a son/daughter of light (1 Thess. 5:5)
- **I have** direct access to God through the Holy Spirit (Eph. 2:18)
- **I am** Jesus' friend (John 15:15)
- **I am** complete in Christ (Col. 2:10)
- **I am** free from condemnation (Rom. 8:1-2)
- **I have** been anointed and sealed by God (2 Cor. 1:21-22)
- I died with Christ (Rom. 6:5,8)
- **I was** crucified with Christ (Gal. 2:20; Rom 6:6)
- **I was** buried with Christ (Rom. 6:4)
- **I rose** with Christ (Rom. 6:5)
- God has given me spiritual weapons and spiritual armor (Eph. 6:12-18)
- **I can** stand firm against the schemes of the enemy (Eph. 6:11)
- He who is in me is greater than he who is in the world (1 John 4:4)
- **I have** been given authority over the powers of the enemy and the enemy cannot injure me (Luke 10:19)
- **I was** not given a spirit of fear, but of power, love, and a sound mind (2 Tim. 1:7)
- **I can** find grace and mercy in time of need (Heb. 4:16)
- **I am** a branch of the true vine, a channel of His life (John 15:1,5)
- **I have** been appointed to bear fruit (John 15:16)
- **I cannot** be separated from the love of God (Rom. 8:35-38)
- **I can** do all things through Christ who strengthens me (Phil. 4:13)
- **I am** confident that the good work God has begun in me will be perfected (Phil. 1:6)
- **I am** a minister of reconciliation for God (2 Cor. 5:17-21)
- **I am** the salt of the earth (Matt. 5:13)
- **I am** the light of the world (Matt. 5:14)
- **I am** not alone or forsaken (Heb. 13:5)
- **I have** a heavenly calling (Heb. 3:1)

step 1: false identity

Example: "I am a fearful person"

step 2: true identity

Example: I was not given a spirit of fear, but of power, love, & a sound mind (2 Tim. 1:7)

step 3: my specific plan...